

Objectives:

- The children will develop a dance sequence in a group using a variety of moves

Introduction

- Quick warm up. Stretching of muscles. Practise travelling at different levels and different speeds around the hall.
- Teach the children all the moves and their names from the dance, Cha Cha slide.

Right foot Stomp

Left foot stomp

Charlie brown

Hop

Reverse

Criss Cross

Tack it back

Cha Cha

To the left

To the right

Hands on knees

How low can you go

- Call out these moves in different orders and the children can practise them (It is useful if you have already organised the children into where you want them to stand in the hall so that they can all see you.)

Main Lesson

- Let the children listen to the Cha Cha slide song to become familiar with it.
- The children will then dance to the song, listening out for the dance moves that they have practised being called out. . (This is already done in the actual song, which is useful!) They will be putting them together during this time to develop the dance, the Cha Cha Slide
- The children will then get into groups of 5 or 6. (Already organised previous to lesson)
- They will then use the dance moves practised from the Cha Cha Slide (It is useful to display these in the hall clearly. OHP?) and begin to develop their own dance sequence to a new song. (Steps 5,6,7,8 is a good song to use)

Conclusion

- The children will perform the dance sequences they have developed in their group. Each group will evaluate performances as they watch.
- Cool down – Cha Cha Slide Dance and stretches.

Assessment

- Have the children used the practised moves in their dance sequence?
- Have the children used different levels and speeds in their dances?
- A good chance for assessment is when the children are evaluating the other groups' performances.